

## For the September 2011 Bulletin for Adult Program

### **Adult Program**

This will be a busy year at Don Heights with Adult Programs to suit all tastes. Most events won't begin until October, but here are a few programs that you may want to mark in your calendar:

**Spiritual Dialogue Circle** on the first Monday of each month, beginning in October.

**Book Group**, meeting on the third Sunday of each month. For October we will discuss *The Lacuna* by Barbara Kingsolver

**Twelve Steps to a Compassionate Life**, based on the book by Karen Armstrong, on the evenings of October 13, 20, and 27.

**Wine, Women, and Spirituality** which meets on the last Friday of each month at 7:15 p.m. in members' homes

**The Do Be Do Group** on the morning of the last Tuesday of each month where we deal with general Don Heights cleanup and organization.

**Dinners for Eight** which provide a chance to get to know Don Heighters better. The first one will be on November 19.

**Meditation** will be held before the Sunday service on October 16, 23, November 13, 27, and December 11.

There will be a meeting after the Sunday service on November 13 to plan Adult Programs for the coming months. Everyone is welcome.

Mary Doucette